

Pendulum Play

What is a Pendulum?

A Pendulum is a Divination tool to help us answer yes or no questions, read energy, get information about food, supplements, directions, answer questions for others and can help us connect to our Higher Self, Master Guides and Angelic Beings. A pendulum is a great tool to help us decide what to feed our animals when we have too many options. It can also be used to help choose a product, a brand of essential oil and how much to use of that product. I often use it at the grocery store to choose a brand if I am unsure what to buy.

A pendulum can be made from a washer or ring on a piece of string, a pendant, stone, metal or wood. The chain for the pendulum is usually 6-8 inches long with a bead on the end so it will not slip out of your hand.

When you choose a Pendulum it's usually an intuitive choice. Sometimes the pendulum will move towards you or you are drawn to one. You can also choose a pendulum by the property of the stone, the color, weight, length and how it feels in your hand. It is good to start with one, clear it and set its intention before you start using others.

There are many resources available to find out what the properties of stones are. You may want to start with a Clear Quartz, A Rose Quartz, A Smokey Quartz until you learn more about what stone will help you with your work.

It is good to have a small bag or pouch to put your pendulum in. You want to make sure to keep your pendulum in a safe place or put some sage in the bag with it if you are going to take it out in public.

Clearing Your Pendulum:

After you have chosen a pendulum you need to clear it of other people's energy and intentions and set your own intention for them . You can smudge with Sage and Palo Santo, Clear it with Salt, put it in the Sunlight or Moonlight and some even bury them in the ground.

I prefer to smudge with Sage and Palo Santo and say " I transmute into Love anything in and around this Pendulum that is not of the light or for my highest good." (We use St. Germain's Violet Flame of Transmutation for this purpose.) We state they be used only in LOVE in LIGHT and for the Highest Good of all. That they be of the Highest Vibration ONLY.

You can use this Clearing Prayer:

"Through the Authority vested in us by the Cosmic Christ Consciousness we call forward to the energies of ArchAngel Michael and the Band of Mercy to enter this crystal (or all of these crystals if you have more than one or stone if it's a stone) and remove any energies, entities, influences or forces, any mechanical devices that have been placed in them. Any curses, hexes or spells that has been placed in them and any programming that is not of LOVE or LIGHT through the Christ Consciousness Vibration. We ask that all of those energies be transmuted with the Violet Flame of Transmutation into the Light and we ask now that these stones and crystals be triple sealed in three bubbles of protection against any further invasion or return of negative energies, entities, influences, forces, curses, hexes, spells and anything else that is not of the light. These are bubbles of White, Pink and Purple.

Programming the Crystal for its Use:

After you feel that the pendulum is clear we program the crystal and set the intention for its use. (This information is from Kari Chapman at www.Namaste-wi.com.)

If you are right handed, hold the crystal in your left hand. If you are left handed, hold the crystal in your right hand.

Each Crystal has a specific healing property or job title. You can activate the crystal for its property, purpose or specific use.

“Through the Authority vested in me by the Cosmic Christ Consciousness Vibration, we call forward to the Crystal Devas and the Elementals to activate this pendulum for the purpose of (fill in the blank). We set the intention that these crystals will never be used for any purpose other than love, light, healing and only with the Cosmic Christ Vibration. We Activate at first tone”then tone...

Protocol when using a Pendulum, Connecting to Oversoul, Spirit Guides and Angels:

There is a protocol to be used every time you connect to God/Creator, Spirit Guides, Angels, Higher Self etc.

You want to make sure you and the energy in your house are clear and grounded so you can bring in the highest vibrational information without any outside influences.

I start with White Sage. If needed I smudge my entire room. I start in a clockwise circle and go around the room. I then light Palo Santo and do the same. I then smudge my pendulum and anything else I may be using in the reading with White Sage and Palo Santo.

If I feel that my space is especially heavy I will open the front door and literally walk out the door with my smudge bowl after I have smudged my house. I set the intention that anything that is not of the light (Cosmic Christ Consciousness Vibration) or for my highest good is being cleared from the house.

If needed I will continue with the Prayer of Exorcism or other Clearing Prayers. You can also use these prayers when you cannot burn Sage or Palo Santo.

I then do the Grounding Prayer and/or Inspirational Writing.

If you are out in public, put a bubble of protection around you or a mirror bubble so outside influences will now skew the information from your pendulum.

There are many ways to use the Pendulum. It is usually more difficult to get personal answers because our Higher Self can influence the outcome. It is best not to ask about relationships, jobs and major life decisions with a pendulum as our Higher Self and our desires can influence the answers. You can use Inspirational Writing to bring that information through in a clear and grounded way (We cover that in another class).

How to use the Pendulum:

You have your pendulum, it is clear, your space is clear, you are grounded and now it's time to use it.

I pick up the pendulum and ask " Which way is YES ?" it will swing clockwise or counterclockwise (to the right or left). I then ask " Which way is NO ? " and it will swing right or left. I have always had clockwise be yes for me but it can change for others. Sometimes the pendulum will swing side to side while it is waiting for you to ask a question. I call that NEUTRAL.

It may take a little bit of time for the pendulum to react and that is normal. It is getting used to your energy and you are getting used to asking questions and getting answers.

I then ask " Are you of the Light ? " If you get a " NO" you need to clear your pendulum again. I then ask " Will you read for me today? " If you get a " NO" then you may want to make sure the pendulum and you are clear and make sure you are grounded and that this is a good time to be asking questions. You do not want to use this pendulum when you are under the influence of drugs or alcohol, are in fear or are angry. Those influences and emotions will affect your reading.

Please always DISCERN your answers because we can manipulate the pendulum and influence the answer by our wishes and desires.

Be kind to yourself, understand that it may take some time to get the hang of using a Pendulum and Practise, Practise, Practise.....

If you feel like you are not getting an answer you can ask “ Can this question be answered at this time?” and when asking questions you can ask “ Do I need more information about this?”

If you are feeling blocked:

Ask yourself if you are emotionally attached to the outcome of the question.

Are you dehydrated? If so drink some water.

Are you calm and is your mind clear?

You can also ask “ Are you my Higher Self ? “ or “ is my Higher Self speaking through this pendulum?”. I would start with your OverSoul/Higher Self answering the questions if you are unfamiliar with this kind of communication and then slowly ask your Master Guides or Angels to help. When you are familiar with the energy of your Higher Self and Master Guides you can ask a specific helper to assist in your reading.

When you start using a pendulum it helps to keep a journal or notebook. You can write down question you have and answers you got with the pendulum. It might help to come up with some yes or no questions to try. You can make a list of what kind of questions you want to ask and then write down yes or no questions to ask.

Properties of Stones:

Black Tourmaline: Grounding and Protection. Root Chakra

Bloodstone: Physical Healer, links Root Chakra with Heart, inner guidance

Carnelian: Attunement with inner Self, opens Heart

Clear Quartz: Clears negativity, protects from negativity, promotes spiritual awareness

Jasper: Earth Element, works with Chakras

Labradorite: Assists communication with Higher Self and Spirit Guides. Crown, Brow, Heart, Throat Chakras

Lapis: Helps open chakras, mental clarity, enhances psychic abilities, communication with Higher Self and Spirit Guides.

Moss Agate: Helps incorporate life purpose and spirituality into everyday actions

Moonstone: Deepens connection to unconscious, brings healing love of heart into lower chakras. Navel, Solar Plexus Chakras.

Obsidian: Enhances dreams, connection to Cosmic Mother. Root Chakra

Petrified Wood: Connection to the trees, Grounding

Rose Quartz: Heart Chakra, Self Love, Forgiveness, compassion

Smokey Quartz: Grounding, Centering, enhances channeling abilities

Tiger Eye: Grounding, Centering, Enhances clear perception and insight